

BREAKFAST

Bacon & Egg Burger (+ sauce)	\$4.00
Hash Brown GF	\$1.00
Plain Cheesie	\$1.00
Vegemite toast (1 piece)	50c
Strawb jam toast (1 piece)	50c
Up & Go Breakfast Drink	\$2.50
Hot coffee/hot choc/tea	\$1.00

DAILY LUNCH SPECIALS

Pre-order to avoid the queue

MONDAY (Homemade)

Pasta Bolognese (Beef)	Sml \$4.00	Lge \$5.50
Pizza - Mini Margarita		\$2.00

TUESDAY (Homemade)

Fried Rice Chicken GF	Sml \$4.00	Lge \$5.50
Mini Spring Rolls (Vege)		50c

WEDNESDAY (Homemade)

Nachos (salsa + cheese) GF	Sml \$3.50	Lge \$5.00
Pizza - Mini Margarita		\$2.00

THURSDAY

Sausage Sizzle (beef sausage) + cheese	\$3.00
Sizzle COMBO (with a juice box)	\$4.00

FRIDAY

(All burgers come with lettuce, carrot, tomato + sauce)

Chicken Burger (Halal) + mayo	\$5.00
Beef Burger (Halal) + sauce	\$5.00
Veggie Burger + sauce	\$5.00
Fish finger Burger (3) + mayo	\$5.00
Chilli Chicken Sub	\$3.50

(with lettuce, carrot + sweet chilli sauce)

*** Pre-order Online www.quickcliq.com.au

**Cut off times for Online Orders -
for breakfast to be placed by 7am.
for recess to be placed by 9am.
for lunch to be placed by 9am.**

GF = Gluten Free Friendly ***

*** (We try to maintain Gluten free food totally gluten free, but we cannot guarantee 100%)

*Please let us know any allergies or intolerance when placing your order.

*We are a nut free kitchen.

LSHS CANTEEN MENU 2023

From the Counter

DRINKS:

Water Bottle	\$1.00
Juice Box 99% 250ml	\$1.50
Apple, Orange, Apple/Blackcurrant, Multi V (Tropical)	
Plain Hilo Milk Small	\$1.00
Flavoured Milk Small (300ml) Choc, Strawberry, Banana, Mocha, Coffee	\$2.00
Flavoured Milk Large (600ml) Choc, Strawberry, Banana, Mocha, Coffee	\$4.00
Waterford Sparkling Mineral Water (W.A.) Lime, Apple/Berry, Watermelon, Orange/Passionfruit	\$2.50
Up & Go Sanitarium Choc, Strawberry, Caramel, Vanilla, Banana	\$2.50
Aloe Watermelon, Grape, Peach	\$3.00

ICE TREATS (from the freezer):

Frozen Nippy Juice (Apple/Blackcurrant)	\$1.00
Vanilla Dixie Cup Ice cream Bulla	\$2.00
Fro-Yo Frozen Yoghurt (Various flavours)	\$2.00
Icy Pole Stick	50c

SNACKS (Daily Specials Vary)

Homemade ANZAC Biscuits	\$1.00
Homemade Cookies	\$1.00
Homemade Muffins	\$2.00
Jelly Cups (Homemade)	50c
Corntos GF (closed packet)	\$1.00
Vege Chips GF (closed Packet)	\$1.00

The LSHS P&C Canteen is always looking for volunteers to help us in the canteen. All parents/guardians are welcome. Relatives, friends & community members with a WWC card and current National Police Clearance are also welcome to volunteer.

If you can help, even if it's just half an hour for recess or lunch service, please contact Felicity at the canteen 9291 1222 or email felicity.brodie@education.wa.edu.au

EVERYDAY PRE-ORDER ITEMS

Homemade pre-packaged items

Pasta Bolognese (Beef)	Sml \$4.00	Lge \$5.50
Fried Rice (Chicken) GF	Sml \$4.00	Lge \$5.50
Nachos (Salsa + Cheese) GF	Sml \$3.50	Lge \$5.00

Salad Boxes

Salad Box (Chicken)GF	\$5.00	+Egg	\$5.50
Salad Box (Ham)	\$5.00	+Egg	\$5.50
Salad Box (+ cheese)GF	\$4.50	+Egg	\$5.00
Salad Box (No cheese No egg)			\$4.00
Add sml tub mayo OR aioli			50c
(Salad Box includes lettuce, carrot, tomato, cheese, beetroot, capsicum, spring onion)			

Garlic Bread	\$1.50
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Chilli Chicken Sub	\$3.50
BBQ Pork Riblet Sub	\$4.00
Mrs Macs Giant Sausage Roll	\$4.00
Mrs Macs Famous Beef Pie	\$4.00
Mrs Macs Veggie Pastie	\$4.00
Mrs Macs Halal sausage roll	\$4.00
Burger - Chicken or Beef(Halal), or Veggie pattie or Fish Fingers (3)	\$5.00
BLT (Bacon, Lettuce, Tomato)	\$4.50
BELT (BLT + Egg)	\$5.00

Toasted Sandwiches

Chicken Mayo	\$5.00
Ham, cheese + tomato	\$5.00
Ham + cheese	\$4.50
Cheese + tomato	\$4.00
Cheese	\$3.50

Sandwiches / Rolls / Wraps

Chicken + salad	\$5.00
Ham + salad	\$5.00
Cheese + salad	\$5.00
Salad	\$4.50
Cheese + Vegemite	\$4.00
Vegemite	\$3.00

(salad includes lettuce, carrot, tomato)
(add mayo OR aioli, Butter)

Gluten Free bread available for sandwiches on request

RECESS EVERYDAY

Mini Pizza Margarita	\$2.00
Bacon cheesie	\$2.00
Plain cheesie	\$1.00

Wiggly spaghetti cheesie	\$1.50
Chicken Nuggets	50c
Chilli Chicken Sub	\$3.50
Chicken Burgers	\$5.00